

(213) 996-1400

## SAN FERNANDO VALLEY TRACK CLUB

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# NEWSLETTER

MAY, 1976

### APRIL HIGHLIGHTS

DAVE BABIRACKI wins Santa Barbara 3000 in 7:58; 4th in Mt. Sac 5000 in 13:50.8; 2nd in San Jose 5000 in 14:18.6.

RON KURRLE finishes 8th in Boston Marathon in 2:26:21.

RAY HUGHES sets American age-37 record of 30:42.0 in 6-mile run.

HOWARD MILLER wins 2-man, 14-mile age-group relay.

JACKI HANSEN and LEAL REINHART win 14-mile women's relay.

"OLE" OLESON 57, runs fine 3:04 in Boston Marathon in 95-degree heat.

RICHARD NANCE wins mile in 4:15.8 for Valley College in Conference Finals.

HEATHER TOLFORD wins mile in 5:04.6.

GAYLORD KALCHSCHMID takes 3rd in Mt. Sac Masters 1500 in 4:29.3.

### COMING UP IN MAY

May 8. West Coast Relays, Fresno. Babiracki and Kennedy run 1500.

May 15-16. 6th annual Grandfather Games Valley College. Men and women over 30.

May 22. California Relays, Modesto. Babiracki runs 1500.

May 22. Master Striders Relays, Cal-Poly Pomona. Men and women over 30; Open; W.

May 22-23. SPA-AAU Women's District Championships.

May 22. Olympic trials in marathon in Eugene, Oregon. Ron Kurrle attempts to make U.S. Olympic team.

May 29. Corona Del Mar Relays, Glendale College. Men and women over 30.

May 30-31. California State Women's Championships, Balboa Stadium, San Diego.

### BABIRACKI, KURRLE TRY FOR OLYMPIC TEAM

The San Fernando Valley Track Club is fortunate to have two outstanding runners who have a chance to make the U.S. Olympic team in 1976 -- DAVE BABIRACKI and RON KURRLE. KURRLE is aiming for a spot in the marathon. The Olympic trials in that event will be held in Eugene, Oregon on May 22. Only those runners who have run a 2:23 marathon or better will even be allowed to compete in the trials. Ron ran a 2:22:27 in January to qualify. BABIRACKI will probably go for a spot on the team in the 5000 meter run. The Olympic trials for all track and field events will be held in Eugene on June 19-27. To qualify for that competition, Dave must run a 13:40 5000-meters. His fastest time to-date is a 13:43 last year. Whatever the outcome, both Dave and Ron have our solid support. We are proud that two young men of such outstanding caliber are representing the Valley Track Club in this Olympic year.

## LONG DISTANCE RUNNING SCHEDULE

DATE/TIME	EVENT/DISTANCE	LIAISON/RAN	AWARDS	COURSE/FACILITIES/DIRECTIONS
SUN MAY 9 8:00am	14th Annual Hanson Dam 10mi. Sponsored by CCAC	Marv Rowley, 9725 Lev Ave., Arleta 91331	10 open; 2 sub-masters; vets 2/2/1; 2 women; 1 W/W 2 open teams of 3; 1 sub-M team of 3; 1 master team of 3.	Accurate 10mi course around Hanson Dam over gently rolling hills with every mile marked. Restrooms. Golden State Fwy to Dronfield, R. on Dronfield to Hanson Dam parking area.
An important LDRC meeting will follow race. All clubs should have a member in attendance. All interested runners also welcome to attend!				
SUN MAY 16 9:30am 10:00am	Las Posas Hills Handicap, 15km. Ribbons to All Finishers	Connie Rodewald, 852 Sharon Dr., Camarillo 93010 805/482-5360	5 HDCP open; sub-M; Vets 40/50; 15-U, 16-19; G/W/W/W; awards beyond 1st to be by attendance.	Dirt agricultural roads, paved roads & hills. Last 5mi downhill. Refreshments. Ventura Fwy to Calleguas Rd. E. of Camarillo. N. 1mi to Alta Colina Park Split start - open & sub-M at 10:00.
Trophies are needed by the Long Distance Running Committee for re-cycling into new awards. If you are tired of dusting all of your old trophies (or looking at them) contact: Alan Haas, 1507 Old Mill Road, San Marino, CA. 91106.				
SAT MAY 22 10:45am	21st Fontana Days 11.5mi Run	Louis Brdwster 714/822-7154	T-shirts to all entries! Trophy for 1st place in following divisions: Open, H.S., Vets: 40/50/50+; Women	San Bernardino Fwy to Sierra Ave, N. on Sierra to Marigold (3rd stop) W. on Marigold to designated parking. Finish is at parking area.
SAT MAY 29 8:00am	10th Mt. Wilson Trail Race 9.5mi	James E. McRea	Open 20; HDCP 10; 16-19 10; 13-15 3; W/W/W/G 3/3/3. Sierra Madra resident awards.	One of the years top events. Tough up & back run. Sponsored by Sierra Madre Search & Rescue Teams, Box 24, Sierra Madre 91024. Check in at Baldwin & Sierra Madre Blvd, in Downtown Sierra Madra. Just N. of Santa Anita track.
When filling out applications for A.A.U. cards, be sure to designate your sport as LD (Long Distance Running) and not Track & Field. This schedule is mailed only to persons on the LD roster.				
SAT JUNE 5 8:00am	Lytle Creek to Wrightwood Torture-Enduro 16mi Run	Bruce Hammerstein, P.O. Box 1166, San Bernardino 92402	50¢ entry fee. 1st place Trophy. Medals. Choice of refreshments after race.	San Bernardino Fwy to Sierra ave; N. 18mi to campground. Restrooms. Drivers needed to pick up runners in Wrightwood
SAT JUNE 5 9:00am	Hidden Valley 12mi Run	Connie Rodewald, 852 Sharon Drive Camarillo, 93010 805/482-5360	Many & various.	All paved roads on hill near Lake Sherwood. Restrooms & Picnic facilities. Ventura Fwy N. to Wendy Dr; W 3mi to Holloway, N. to Knollwood; left (W) to Frintlea and Banyon Park.
In any Race involving team competition, all teams must submit a list of their competing members <u>prior</u> to the start of that race. If this is not done, your team score will <u>not</u> count!				
SAT JUNE 12 8:00am	10th ANNUAL PALOS VERDES MARATHON	Les Woodson, 2209 Via Anocopa, Palos Verdes 90274	Open 20; Me's 5/2/1; Women 2/2/1; H.S. 5; JR.H.S. 5; 1-shirts to first 700 finishers!	San Diego Fwy to Hawthorne Blvd; S. to Silver Spur; Check in at Rolling Hills H.S. Restrooms & showers. Entry fee \$4.00 - late fee \$6.00 after June 4th.
SAT JUNE 19 9:00am	COASTAL SECTION S.P.A. & NATIONAL ONE HOUR RUN CHAMPIONSHIP	Elaire Rosenfield % San Luis Obispo Distance Club, P.O. BOX 1134, SLO 93406	Included in listing for Santa Barbara section. Runners are eligible for regional & national awards.	San Luis Obispo H.S. track; corner of San Luis Drive & California Blvd. Calif Blvd. exit from U.S. 101 E. 1mi. Meet record is 10mi 1539 yds by Jim Flanigan, 1975.
SAT JUNE 19 3:00pm	NATIONAL MASTERS, SENIOR, WOMEN & JUNIOR 1 HOUR RUN CHAMPIONSHIPS	John Brennan, 4476 Meadowlark Ln, Santa Barbara. 805/964-2591	Many National & District Awards	U.S. 101 past Santa Barbara, follow signs to U.C.S.B. Park at Robertson Gym. (25¢ parking).
Important L.D.R.C. Meeting to follow this race. All clubs should have at least one (1) delegate present. All other interested parties welcome to attend.				
THUR JUNE 24 8:00pm	U.C. RIVERSIDE 1 HOUR RUN	Bruce Hammerstein, P.O. BOX 1166, San Bernardino 92402 714/875-2092		U.C. Riverside. Dirt track, lights, restrooms & showers. Pomona Fwy (60) E. to Riverside. Exit at University Ave. N. to track.

### NOTES

- Entry fee is \$1.50 for all SPA races shorter than the marathon distances. The entry fee for the marathons and 50km will be determined by the race director. Boys 19 & under and Girls 13 & under pay \$1.00 for races less than the marathon distance if they run in their division. All SPA Championship fees will be \$2.00 regardless of age. For all team races, a team entry fee of \$1.00 per team will be charged.
- Girls (12 & U); Women (13-29); Women Vets 30+ must either run in their division or in the OPEN; same for boys in 16-10; 13-15; and 12-U division. In cases where a person is eligible for two categories, that person must declare for one or the other at sign-in. He or she cannot compete in both.
- AAU card must be SHOWN upon entering or entry fee is doubled. **THIS RULE WILL BE ENFORCED!!**
- LDRC cannot guarantee that all awards listed will be given. The number and type of awards is at the discretion of the Race Director and is based in part upon participation.
- Race marked "Tentative" were so at the time the schedule was published. Announcements regarding these races will be made at earlier races.
- Results of races will be available at succeeding races after about two weeks. They are never mailed out. 2

OPEN TRACK & FIELD SCHEDULE

Saturday, May 8 West Coast Relays, Fresno.  
Saturday, May 22 California Relays, Modesto.  
June 10-12 U.S. National AAU Championships; Drake Stadium, UCLA.  
Thurs thru Sat.  
June 19-27 Olympic Trials - Eugene, Oregon  
July 17-29 1976 Olympics - Montreal, Canada.

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MASTERS TRACK & FIELD SCHEDULE

May 15-16 6th Annual Grandfather Games; 12 Noon each day; Age-groups;  
Saturday-Sunday 30-39; 40-49; 50-59; 60-69; 70 & over; Women 30 & over.  
Los Angeles Valley College; 5800 Ethel Avenue, Van Nuys.

May 22 Master Striders Relays - Cal Poly Pomona - 12 Noon. Entry  
Saturday blank in this issue.

May 29 4th Annual Corona Del Mar Relays; Glendale College; Field  
Saturday events 9AM; Track events 12 Noon. Individual field event  
competition; Relays only in track competition, with a few  
individual women events. Each entrant pays \$7 and participates  
in as many events as he or she chooses. Contact your team  
relay captain if you wish to compete. Schedule includes  
Sprint Medley Relay, Distance Medley Relay, 2-Mile Relay,  
One-mile relay, 440 & 880 relays. Last year, SFVTC picked  
up two firsts and a second to tie for 1st in the 40-49 group.  
Beautiful trophies. One of the best meets of the year.

June 4-5 Los Angeles Sports International Decathlon, Irvine. Contact:  
Friday-Saturday Warren Blaney, 5225 Wilshire Blvd. #302; Los Angeles 90036.

June 12 SPA-AAU District Championships. Site to be announced in next  
Saturday issue.

June 19-20 Far West Regional AAU Masters Championships, Castlemont College,  
Saturday-Sunday San Diego. Entry blank in June issue.

June 26-27 Senior Olympics, University of California at Irvine; Entry blank  
Saturday-Sunday in June issue.

July 3-4-5 U.S. Masters AAU National Championships; Mt. Hood College;  
Sat thru Monday Gresham, Oregon. All details in next issue.

July 10-11 U.S. Masters Decathlon Championships; Mt. Hood College; Gresham,  
Saturday-Sunday Oregon.

June 16-July 23. Los Angeles Board of Education All-Comers meets, each Wednesday,  
Pierce College, Woodland Hills; Masters 100, 220, 440, Mile.

July (thru 30th) AAU National Masters One-Hour Run (postal). Contact: John  
Brennand, 4476 Meadowlark Lane, Santa Barbara 93105.

## WOMEN'S TRACK & FIELD SCHEDULE

- May 8, Saturday - AL FRANKEN'S INVITATIONAL - UCLA - selected age divisions - Al Franken (213) 272-7577
- May 8-9, Saturday-Sunday - SOUTHERN CALIFORNIA CHEETAHS INVITATIONAL - Pending - all age divisions - Bill Petersen, 1840 Hawkbrook, San Dimas 91773 (714) 599-4569
- May 15, Saturday - MICKEY'S MISSILES INVITATIONAL - Girls and boys - Audrey (Mickey) Tyler, 5526 Miraflores Dr., San Diego 92114
- May 15-16, Saturday-Sunday - ORANGE COAST INVITATIONAL - Newport Harbor High School - all age divisions - Don Moraga, PO Box 2082, Huntington Beach 92647 (714) 646-1891
- May 15-16, Saturday-Sunday - NATIONAL PENTATHLON - UC Santa Barbara - selected age divisions - Sam Adams, Ath. Dept., Univ. of Cal Santa Barbara (805) 961-2133
- May 22-23, Saturday-Sunday - SPA/AAU DISTRICT CHAMPIONSHIPS - UCLA - All age divisions - Phil Snyder, 27102 Woodbrook Road, Rancho Palos Verdes 90274 (213) 377-3133
- May 30-31, Sunday-Monday - CALIFORNIA STATE CHAMPIONSHIPS - Balboa Stadium - all age divisions - John Van Benthem, 2429 Calle Del Oro, La Jolla 92037 (714) 454-2247
- June 10, 11, 12, Thursday-Friday-Saturday - NATIONAL CHAMPIONSHIP - UCLA - Senior Women and Men - Pete Scanlan, 2925 Knoxville, Long Beach 90815 (213) 421-2867
- June 13, Sunday - AGE GROUP TRACK CLASSIC - UCLA - Age group - Phil Snyder, 27102 Woodbrook Road, Rancho Palos Verdes 90274 (213) 377-3133
- June 14-15, Monday-Tuesday - NATIONAL CHAMPIONSHIP - UCLA - Junior women - Bob Seaman, 17122 Leal Avenue, Cerritos 90701 (213) 926-5785
- June 19-27, Saturday-Sunday - OLYMPIC TRIALS - Eugene, Oregon - Selected age divisions
- June 27 - Sunday - JUNIOR OLYMPICS - College of the Canyons - all age divisions Dave Topp (805) 251-2047
- May 22, Saturday - SPECIAL WOMEN ONLY 10KM - Eugene, Oregon - In conjunction with Olympic Marathon trials. Start and finish in stadium. All women who can run this event at a 7:00/mile pace or better are cordially invited. Contact: Janet Heinonen, Oregon Track Club, P.O. Box 1107, Eugene 97401.

### CLUB WORKOUTS

Under the direction of Coach Laszlo Tabori, members run together on Tuesday and Thursday from 5:00PM to 7:00PM at Los Angeles Valley College, 5800 Ethel Avenue, Van Nuys. All club members are welcome.

## RESULTS

### MT. SAC RELAYS - April 24-25

DAVE BABIRACKI finished 4th in the invitational 5000 in 13:50.8, breaking the meet record of 13:51.8. HEATHER TOLFORD took 2nd in the women's 1500 in 4:40. GAYLORD KALCHSCHMID placed 3rd in the Master's 1500 in 4:29.6 and 4th in the Master's 5000 in 17:45. WILBUR BUCHANAN took 5th in the age 50-59 100 meter dash in 12.7. The club was unable to defend its Distance Medley Relay championship when 440-man Dave Berry became ill.

### SANTA BARBARA RELAYS - April 3

DAVE BABIRACKI turned in an exceptionally fast 3000-meter victory in 7:58, the equivalent of about an 8:28 two-mile. REID HARTER ran the 3000 in 8:24. MARK KENNEDY took 4th in the 1500 in 3:52, and JIM WHITMORE got a 6th in the 1500 in 3:56.

### STC AGE-GROUP RELAY - April 3

In this relay, two runners form a team. Each runs alternate 1.4 mile loops -- 5 times. A total of 7 miles per runner or 14 miles total. HOWARD MILLER and partner Ed Avol won the age 50-69 division (the combined ages of the two runners) in 68:11. Howard ran his 5 legs in 6:40, 6:40, 6:40, 6:32 and 6:37, the equivalent of 4:45 miles. GAYLORD KALCHSCHMID and John Cook took 4th in the 70-89 age group. Gaylord ran 7:25, 7:20, 7:35, 7:36 and 7:43, the equivalent of 5:14 to 5:30 miles. REID PRESSLEY and STAN CELMER also ran in the 70-89 division. John Landry and Ray Cook 13, won the 29-and-under race. JACKI HANSEN and LEAL REINHART won the women's division.

REID PRESSLEY won the third place medal in the 4th quarter AAU long distance running standings.

### BOSTON MARATHON - April 19

In oppressive, humid, 95-degree weather, RON KURRLE and JIM "OLE" OLESON courageously finished this classic American race. Ron, who is pointing for a spot on the American Olympic team, ran a tremendous race to finish 8th in 2:26:21. Ron was the 4th American in the event. Ole ran 3:04, which, for age 57, is outstanding. MARK COVERT also started, but was forced out in the unfavorable weather conditions. Kurrle, who qualified for the Olympic trials with a 2:22:27 marathon in January, journeys to Eugene on May 22 where the first 3 finishers represent the United States at Montreal. Ron feels "like I have a good shot at it" in spite of competition from the likes of Frank Shorter, Bill Rodgers and others. Ron, like many potential American Olympians, is forced to squeeze in his training inbetween his job as a corrective therapist at a Long Beach Veterans hospital. Our best wishes and firm support go with him to Eugene.

### FINAL SPA-AAU STANDINGS

SFVTC placed five men in the top 25 in the final 1975 AAU point-totals. Ratings are determined by dividing average placing (when in top 10, or top 6 for masters) by the number of races run. Gary Tuttle won the open; Gil Perez the Masters. RON KURRLE placed 10th; MARK COVERT 11th; BILL SCOBAY 19th; STEVE BROTEN 20th; RAY HUGHES 22nd. In the Masters, DAVE PARKER placed 20th.

### SPAAAU WOMEN'S MID-SEASON MEET - April 4

HEATHER TOLFORD won the mile run in 5:04.6 by 15 yards on a cold, rainy day.

RICHARD NANCE, SFVTC member representing Los Angeles Valley College, won the mile run in 4:15.8 in the Metropolitan Conference Finals at Long Beach on May 1. Gerardo Canchola won the 3-mile run for Valley in 14:32. In a dual meet with Pierce earlier in April, Nance ran the mile in 4:14.5 for 2nd and tied for 3rd in the 5000 in 15:43.0.

## MASTERS REPORT

Bob Humphries, who turned 40 on March 30, threw the 4.6# Discus an amazing 182'8" at the Bakersfield Relays April 3rd. The toss broke the American 40-plus record, set last August by Baltimore's Ed McComas, by 14 feet. Humphries missed Adolpho Consolini's 18-year old world mark by just 9 inches.

Truman Clark, of the Beverly Hills Striders, turned 40 in November and promptly established himself as the current top U.S. Masters marathoner. In a ten-week period, he ran in four major marathons, winning the Masters division in each, and improving his lifetime best three times; Culver City, 2:33:28; Mission Bay, 2:32:32; Orange, 2:31:48; San Mateo, 2:34. No other U.S. Master beat even Truman's slowest (2:34) time, in 1975 or yet in 1976. \*(see below)

Hal Wallace of the Seniors Track Club had multiple pulmonary emboli (blood clots on the lungs) - probably as a result of a calf injury suffered last summer at White Plains. We understand he's taking flying lessons in the meantime.

Membership chairman DICK WAGER-SMITH is still suffering from the 1975 groin injury that has kept him from even jogging since last summer. He's also working seven days a week in his real estate job. We'll miss him on the masters mile relay team.

A Masters 100 for 40-plus will be held on Saturday, May 8 as part of the ITA professional meet. Bill Stock is coordinating: 714-466-8700.

DICK FORSECA may join the 40-49 relay teams. A sub-3-hour-marathoner, Dick has been coming to the workouts lately. While most of us run for health and an occasional medal here and there, Dick bagged \$3000 in last year's "Ride 'n Tie" competition, where two people and a horse compete in what is becoming a serious money event. We hear that \$6000 or more is on the line this year.

\*Late Report that Truman Clark broke the American Masters record of 2:28:27 in the Los Alamitos Marathon on May 1st.

## U.S. 2nd ANNUAL NATIONAL AAU MASTERS INDOOR TRACK & FIELD CHAMPIONSHIPS - March 14 - Tufts University - Medford, Mass.

### Top performances:

1A	300 yd.	Bertrand	33.7
	600 yd.	Gluppe	1:19.4
	1000 yd.	Zipper	2:25.4
	Mile	Doherty	4:37.3
	2-mile	Allen	9:52.4
	Long j.	Pistone	19'3"
	High j.	Langenfeld	5'8½"
2A	300 yd.	Valentine	35.0
	600 yd.	Short	1:26.9
	Mile	Brown	5:09.0
	2-mile	Hammon	11:16.0
3A	Mile	Isman	5:19.1
	2-mile	Wall	12:14.0

Dutch Warmerdam, one of the greatest names in track history and holder of the world pole vault record at 15'7 3/4" for 15 years, is now coach at Fresno College and director of the annual West Coast Relays, set for May 8. He returned to action with gusto at age 60. His 4328 decathlon total bested the old 60-64 division best by 190 points and included a 10-6 vault and a 5-0 high jump (which topped the 4'10½" record of Canada's Ian Hume and the 4'9½" U.S. mark of Virgil McIntyre. Dutch also got an age-60 discus mark of 142'2".

## Men's Track and Field Qualifying Standards U.S.A. Olympic Trials Eugene, Oregon . . June 19-27, 1976

100 meters	10.2 (hand)	10.44 (electric)
200 meters	20.7 (h)	20.94 (e)
400 meters	46.0 (h)	46.14 (e)
800 meters	1:47.4	
1500 meters	3:40.6	
5000 meters	13:40.0	
300m Steeplechase	8:32.0	
110m High Hurdles	13.7 (h)	13.94 (e)
400m Inter. Hurdles	50.5 (h)	50.64 (e)
Marathon	2 hrs. 20 min.	
20K Walk	1 hr. 35 min.	
High Jump	7' 1¾"	
Long Jump	25' 11"	
Triple Jump	53' 9¾"	
Pole Vault	17' 4¾"	
Shot Put	63' 7¾"	
Discus Throw	183' 10"	
Javelin Throw	262' 5¾"	
Hammer Throw	226' 4¾"	
10,000 meters	28:40.0	
Decathlon	7650 points	

## ANNOUNCEMENTS

### SEMI-FUN-RUNS

At 8:30AM each Sunday morning at Sepulveda Dam, a group of people gather to run 3-mile loops. Some go 3 miles, some go 12. It's not a true "fun-run" in that no times are given, but if you want to work out in the early AM with company, they meet in the parking lot just north of the tennis courts on Balboa Blvd, just north of the Ventura Freeway. Former Tabori-pupil and Valley College star Steve Adams, along with Ed Avol, is the organizer.

### 1976 NATIONAL AAU CHAMPIONSHIPS AT UCLA

We plan to purchase a block of tickets to the 1976 national AAU meet to be held at UCLA's Drake Stadium June 10-12. If you're interested in attending with the group, tickets are \$4. (Admission is free on Thursday.) Babiracki will probably run Friday evening at 7:10 in the 5000. Sue Kinsey may run in the women's 1500 Saturday at 2:20PM. This is the first time the men's and women's championships have been combined. With the Olympic trials slated for Eugene, Oregon, this meet should attract the top U.S. track and field athletes. Call Al Sheahan at 785-1895 or 395-9991 or drop a note to 6200 Hazeltime Ave. Van Nuys 91401 along with your check before May 12th, if you'd like to go.

**Thursday, June 10**  
**MEN:** 400-meter intermediate hurdles trials; 200 trials and semifinals; 170 high hurdles trials and semifinals; 400 trials; 800 trials; 1,000 steeplechase semifinals.  
**WOMEN:** 400-meter hurdles trials; 200 trials and semifinals; 100 hurdles trials and semifinals; 400 trials; 800 trials; 800 medley relay semifinals; shot put and discus trials.  
**Friday, June 11**  
**MEN:** Hammer, long jump, high jump and discus; 200; 150 high hurdles; 1,000 walk and 5,000 final; 400 intermediate hurdles semifinals; 100 trials; 1,500 semifinals and semifinals; 800 semifinals; pole vault trials.  
**WOMEN:** 800, discus, 100 hurdles, shot put and 1,000 walk final; 400 hurdles semifinals; 200 trials; 1,000 semifinals; 400 semifinals; 800 semifinals; mile relay semifinals; javelin, high jump and long jump trials.

**Saturday, June 12**

**MEN:** 100 semifinals and final; 400 intermediate hurdles; 400, 800, 1,000, 2,000 steeplechase, 10,000, pole vault, shot put, triple jump and javelin final.  
**WOMEN:** 100 semifinals and final; 400, 800, 1,000, 400 hurdles; 400 relay; 800 medley relay; 1,000 mile relay; two-mile relay; long jump, javelin and high jump final.

### T-SHIRTS AVAILABLE

We now have solid green T-shirts, with white lettering, available for \$4.00. Mail your check to the club office -- specify size, small, medium, large -- or see Earl Rippee at the evening workout.

### GLARING OMISSION DEPARTMENT

In the April newsletter, we listed the names of SFVTC members who hold world or American age records. In our haste, we neglected to mention that the list was confined to over-40 records only. Perhaps the club member with the most outstanding age-records is 37-year-old RAY HUGHES. Ray, who, unfortunately, is temporarily out-of-action again with an injury, set his 6th American age record by running 6-miles in 30:42.0 at the March 13 Long Beach Relays, breaking Pete Mundle's 11-year old mark of 31:20. Ray holds the American age-36 5000-meter record of 15:16; the age-32 6-mile mark of 28:45.2; the age-32 10,000 meter mark of 30:24.8; the age-35-and-36 10,000 meter standards of 30:44.4 and 30:47.2, respectively. These are phenomenal performances and we hope to see Ray back in action soon.

### NEW MEMBERS -- NEW MEMBERS -- NEW MEMBER

John Mossbrook  
3300 Castle Heights Ave. #8  
Los Angeles 90034  
213-559-1218  
6-5-43 Mile, 3-mile, 6-mile

Verne Tjarks  
3625 Terrace View Dr.  
Encino 91436  
783-1400 12-8-39  
Mile, 10,000, X-C

Michael, Barbara & Eric Walter  
17600 Sidwell St.  
Granada Hills 91344  
213-363-7280  
11-29-41 3-12-32 12-31-62

James Downey  
2026 Delita Dr.  
Woodland Hills 91364  
213-884-8209 10-11-34  
Cross-country

Tony Myles  
1615 Butler Ave. #3  
West Los Angeles 90025  
213-479-0216 12-25-40

Ron Kurrle; 316 Obispo #4; Long Beach  
213-434-2301 5-13-48 90814

Cal Poly Pomona-Strider Relays

Schedule of Events

DIVISIONS: III (60 & Over) II (50-59) I (40-49)  
I-A (30-39) Women, Women Over 30, and Open

TRACK EVENTS

12:00 PM One Mile Walk (All Divisions except women & women+30)

12:15 400 Meter Relay (Women & Women over 30)  
12:20 " " " (Division II)  
12:25 " " " (Division I)  
12:30 " " " (Division I-A)  
12:35 Open-College 400 Meter Relay

12:40 Open 5,000 Meter Run

1:00 Sprint Medley Relay (Division II)  
1:05 " " " (Division I)  
1:10 " " " (Division I-A)

1:15 1500 Meter Run (Women & Women Over 30)

1:25 100 Meter Dash (Women & Women Over 30)  
1:30 " " " (Division III)  
1:35 " " " (Division II)  
1:40 " " " (Division I)  
1:45 " " " (Division I-A)

2:00 Distance Medley Relay (Division II)  
2:10 " " " (Division I & IA)

2:25 3000 Meter Run (Women & Women over 30)  
2:40 " " " (Division III & II)  
2:55 " " " (Division I & I-A)

3:10 800 Meter Relay (Division II)  
3:15 " " " (Division I)  
3:20 " " " (Division I-A)

3:30 Open-College 1600 Meter Relay

3:40 240 Meter Shuttle Hurdle Relay (39" Hurdles)  
\*Teams can be mixed with two men from Div. I-A and two men from Div. I....However, No more than two men can be used on the team from the lower division I-A.

FIELD EVENTS

12:00 PM Shot Put, Long Jump, Pole Vault & High Jump  
(All Divisions)

AWARDS: Medals for all winning relay team members.  
Medals for first 3 places in individual track & field events. There will be only one combined womans div. in field events. Any event that does not have a sufficient number of participants may be combined with the next closest age group.



SPONSOR: Cal Poly Pomona--Beverly Hills Master Striders

DATE & TIME: Saturday, May 22, 1976 at 12:00 Noon

WHERE: Cal Poly Pomona, 3801 W. Temple, Pomona, California.  
From L. A., S. B, Fwy. to Kellog Ave. off ramp to college. From Orange County, 57 Freeway to Temple Ave. off ramp to college.

ENTRY FEE: \$6.00 PER RELAY TEAM \$2.00 PER INDIVIDUAL TRACK & FIELD EVENTS

AWARDS: Medals for all winning relay team members and field events. Medals for first three places in individual track and field events (one womens div. only in field events)

FACILITIES: Locker room and showers available. (Bring your own towel.) Dirt running surface. Rubberized asphalt runways.

DIVISIONS: III-60 & over; II-50-59; I-40-49; I-A 30-39; Open; women and women over 30.

ENTRY DEADLINE: All entries must be received by May 17, 1976. Entry form and check must be mailed to Bill Adler, 5521 Dubois Ave. Woodland Hills, Ca. 91364. Make checks payable to: Cal Poly Pomona Assoc.

OFFICIAL ENTRY

STRIDER RELAYS  
CAL POLY POMONA MAY 22, 1976

OFFICIAL ENTRY

ATHLETE'S RELEASE

In consideration of the acceptance of my entry, I do hereby for myself, heirs, and administrators, waive and release any and all claims I may have against Cal Poly Pomona, The Beverly Hills Striders, its representatives and the various sports facilities and associations for any and all injuries suffered by me in any event, sport or facility. I also certify that I have no physical defects that would prevent me from performing in this competition.

\_\_\_\_\_  
Athlete's Signature  
Date

PLEASE ENTER ME IN THE FOLLOWING EVENTS FOR WHICH I ENCLOSE \$\_\_\_\_\_ AT THE RATE OF \$2.00 FOR EACH EVENT OR \$6.00 PER RELAY TEAM. MAKE CHECK PAYABLE TO: CAL POLY POMONA ASSOC. MAIL TO: BILL ADLER, 5521 DUBOIS AVENUE, WOODLAND HILLS, CA. 91364

NAME	AFFILIATION	BIRTHDATE	AGE
ADDRESS	CITY	STATE	ZIP

DIVISION:

\_\_\_\_\_ Women  
 \_\_\_\_\_ Women over 30  
 \_\_\_\_\_ Open  
 \_\_\_\_\_ 30-39 (I-A)  
 \_\_\_\_\_ 40-49 (I)  
 \_\_\_\_\_ 50-59 (II)  
 \_\_\_\_\_ 60-over (III)

EVENT:

1. \_\_\_\_\_  
 2. \_\_\_\_\_  
 3. \_\_\_\_\_  
 4. \_\_\_\_\_  
 5. \_\_\_\_\_  
 6. \_\_\_\_\_  
 7. \_\_\_\_\_

MT. SAC RELAYS - SATURDAY & SUNDAY, APRIL 24 & 25, 1976 - Beautiful, Warm - 75°

100 METERS (40-49)

Nick Newton	BHS	11.5
George Waterman	CDM	11.5
Percy Knox	CDM	11.6
Cruz Jimenez	Mex	11.6
Tony Nasarella	STC	11.8
Jim Parks	STC	
Ted Vick	CDM	

100 METERS (50-59)

Payton Jordan	CDM	12.0*
Tom Patsalis	CDM	12.4
Wayne Ambrose	CDM	12.5
Tom Clayton	CDM	12.6
Wilbur Buchanan	SFV	12.7
Don Watt	STC	12.7

\*Equals Meet Record

100 METERS (60 & Over)

Joe Caruso	STC	13.9
Anthony Castro	STC	14.3
Don Hawrer	UN	15.5
Red Doms	BHS	16.2
Robert Blakely	UN	16.8

800 METER RELAY (40 + )

1. CDM	1:36.2*
Dave Jackson, Ted Vick, George Waterman, Percy Knox	
2. BHS	1:38.6
Al Feola, Herb Adams, Jim Al-Kuraishi, Nick Newton	
3. STC	1:39.9
Hal Wallace, Jim Parks, Ozzie Dawkins, Tony Nasralla	

\* New Meet Record

SHOT PUT (40-49) 16#

Hal Smith	BHS	45'2-1/5
F. Stuart Thompson	BHS	44'
George Waterman	CDM	40'11 1/2
John Tansley	CDM	38'3-3/4
Jack Thatcher	CDM	35'5 1/2
NOTE Stan Herrmann	CW	27'2 1/2
New Age 71 Record		

SHOT PUT (50-59) 12#

George Ker	CDM	44'6-3/4
Jack Thatcher	CDM	41'5-3/4
Dan Aldrich	CDM	39'0 1/2
Red Doms	BHS	35'1 1/2
Pete Fetter	CDM	32'9
NOTE Stan Herrmann	CW	31'9-3/4
New Age 71 Record		

SHOT PUT (60 + )

Tom Montgomery	CDM	45'2 1/2 *
James York	NCSTC	43'6-3/4
Red Doms	BHS	40'7 1/2
Chuck McMahon	SDTC	40'3 1/2
Neel Buell	USM	39'5-3/4
Doodles Weaver	UN	23'8-1/4

\*New Meet Record

1500 METER RUN (Masters 40+)

Bill Fitzgerald	STC	4:24.8*
<del>Jan Fekkes</del>	STC	4:26.9
Gaylord Kalschmid	SFV	4:29.3
Bob Holmes	UN	4:41.6
Avery Bryant	STC	4:42.3
Mike Healy	WVJ	4:42.3

\*Establishes Meet Record

5000 METER RUN (40-49 & 50 + )

Truman Clark	BHS	16:19.6
Jerry Smartt	BHS	16:45.6
Carlos Amaro	Mex	16:52.4
Gaylord Kalschmid	SFV	17:45.2
Lew Roberts	STC	17:50.2
Avery Bryant	STC	18:20.4
Dick Coltrell	CDM	18:21.6
Ray Archibald	UN	18:29.0
Bob Long	BHS	20:37.8
Harold Daughters	BHS	21:11.2
William Dietrich	UN	21:57.8

400 METER RELAY (40 + )

1. CDM "A" Team	45.6
Shirley Davisson, Dave Jackson, George Waterman, Percy Knox	
2. STC	46.6
Hal Wallace, Jim Parks, Ozzie Dawkins, Tony Nasralla	
3. BHS	46.6
Jim Al-Kuraishi, Bill Adler, Al Feola, Nick Newton	
4. CDM "B" Team	47.5
Tom Patsalis, Ted Vick, Phil Schlegel, Don Palmer	
5. CDM (50+ Team)	48.9
Wayne Ambrose, Tom Clayton, Pete Fetter, Payton Jordan	

DISCUS (40-49)

Bob Humphreys	CDM	174'2 1/2 *
F. Sturat Thompson	BHS	148'11 1/2
George Waterman	CDM	119'8
Phil Conley	WVTC	112'0
John Tansley	CDM	109'0 1/2
Hal Smith	BHS	104'8 1/2

\*New Meet Record

DISCUS (50-59)

Fortune Gordien	CDM	157'6
Dan Aldrich	CDM	139'8 1/2
George Ker	CDM	138'2 1/4
John Becotte	CDM	115'5
Jack Thatcher	CDM	111'10 1/2

POLE VAULT (40-49)

Duane Telliano	STC	11'6
John Tansley	CDM	10'0
Hal Wallace	STC	10'0
John Blakesley	STC	9'6

POLE VAULT (50 + )

Dave Brown	CDM	11'0 *
Jim Vernon	CDM	10'6
Don Grosh	CDM	10'6
Orv Gillett	CDM	10'0
Tom DeVaughn	CDM	8'0

\* New Meet Record

HIGH JUMP (40-49)

Ed Austin	CDM	5'6
Bill Evans	BHS	5'4
Nick Newton	BHS	5'4
John Tansley	CDM	5'4
Phil Conley	WVTC	5'2
Shirley Davisson	CDM	5'2

HIGH JUMP (50-50)

Burl Gist	CDM	5'0
Orv Gillett	CDM	5'0
Bob Ogle	CDM	5'0
Jim Vernon	STC	4'10
Dave Brown	CDM	4'10

HIGH JUMP (60 + )

Don Mower	UN	3'10
Bob MacConagly	CDM	3'10
Doodles Weaver	UN	3'8
Chuck McMahon	SDTC	3'6

LONG JUMP (40-49)

Shirley Davisson	CDM	21'7-3/4
Dave Jackson	CDM	20'10-3/4
Phil Conley	WVTC	19'0 1/4
Nick Newton	BHS	18'3 1/4

LONG JUMP (50-59)

Tom Patsalis	CDM	18'7 1/2
Raymond Spencer	SDTC	16'11 1/2
Tom Clayton	CDM	16'3
Jim Vernon	STC	16'3
Dave Brown	CDM	15'5
Pete Fetter	CDM	15'5
Bob Ogle	CDM	14'11 1/4

LONG JUMP (60 + )

Joe Caruso	STC	13'2 1/2
Don Mowrer	UN	12'4 1/2
Chuck McMahon	SDTC	11'11 1/4
Red Doms	BHS	10'4 1/2
Doodles Weaver	UN	9'3 1/2

**MASTERS TEAM CAPTAINS**

Age		business	home
30-39	Reid Pressley	570-2914	968-5950
40-49	Al Sheahan	395-9991	785-1895
50-59	Earl Rippee	996-1400	345-0292
60-69	"	"	"

**HAWAIIAN MASTERS MEET -- APRIL 17**

**Three-day meet**

**100 Masters competing here**

Over a hundred men and women, most of them 40 years and older, took part yesterday in a three-day international track meet sponsored by the Hawaiian-Masters Track Club at the University of Hawaii's Cooke field.

Highlighting yesterday's performance were a 213'9" javelin throw by 41-year-old Phil Conley, a 16'4 1/2" long jump by 62-year-old John Satti and a 5:29.5 1500-meter run by 73-year-old Hal Chapson.

Kazuko Koyama, an 81-year-old woman from Japan, threw the shot 8'9".

The meet continues today with the 10,000 meter run getting under way at 8 a.m.

**100 meter run**  
70-over—1. Josiah Packard, 14.3; 2. Win McFadden, 3. Hal Chapson, 65.45; 3. Stan Thompson, 15.0; 2. Wes Ward, 3. Jim Turner.  
60-64—1. John Satti, 13.4; 2. Bill Frensch, 3. Sam Williams, 55.59; 1. Max Pickli, 13.0; 2. Jim Vernon, 3. Fave Steele.  
55-59—1. Tom Clayton, 12.8; 1. Jack Brownell, 3. Tim Ferris, 45.49; 1. Ted Vick, 11.7; 2. Denise DeValence, 3. Will Healey.  
40-44—1. Jim Parks, 11.7; 2. Robert Radford, 3. Lee Thomas, 35.39; 1. Martin Hee, 11.9; 2. Tom Squire, 3. Ralph Simmons, 35.34; 1. Maury Meylan, 12.4; 2. Jack Karbens, 3. John Banks.  
Under 30—1. Herb Lloyd, 11.7; 2. Willard Gouveia, 3. John LaBette.

**1500 meter run**  
70-over—1. Hal Chapson, 5:29.5; 2. Paul Spangler, 3. John Edmonds.

60-64—1. Shoto Murali, 5:34.3; 2. Diaz Maehara, 3. Stan Thompson, 50.59; 1. Mauro Hernandez, 4:40.4; 2. Jack Noble, 3. Ed Halpin, 40.49; 1. Hector Cisneros, 4:58.4; 1. Deek Derickson, 3. Phil Edwards, 30.39; 1. Tom Siglins, 4:21.5; 2. Dave Cadi, 3. Ed Dierdorf.  
Under 30—1. Duncan MacDonald, 3:48.2; 2. Horace Iloku, 3. Rick Nebecker.  
Ladies—1. Jan Newhart, 6:40.4; 2. D. Wisnauer, 3. Edith Leiby.

**5000 meter run**  
70-over—1. Paul Spangler, 23:05  
60-64—1. Shoto Murali, 20:47; 2. Jim Bennett, 3. Diaz Maehara, 35.59; 1. David Pain, 20:11; 2. Paul Symonds, 3. Alex Coraciou, 40.49; 1. Joe Livesey, 17:03; 2. Ray Hemming, 3. Jim Raff, 30.39; 1. Mike Tymn, 15:43.2; 2. Paul Ryan, 3. Jack Tuttle.  
Under 30—1. Steve Fember, 15:01.8; 2. Gordon Hallier, 3. Horace Iloku.  
Ladies—1. Jan Newhart, 23:19; 2. Sharon Binfill, 3. Edith Leiby.

**Shot put**  
70-over (8 lb.)—1. H. Van Gelder, 37'4 1/2"; 2. V. Russell, 3. F. Pennock.  
60-64 (16 lb.)—1. J. York, 43'6"; 2. A. Vesco, 3. Jack Carson, 30.55 (12 lb.)—1. D. Thatcher, 40'5 1/2"; 2. O. Aldrich, 3. J. Minnh, 40.49 (16 lb.)—1. Gary Jones, 32'2 1/2"; 2. Lee Thomas, 3. R. Perry.  
Ladies—1. K. Koyama, 8'9".

**400 meter hurdles**  
70-over—1. Herb Anderson, 88.5  
60-64—1. Stan Thompson, 50.1  
50-54—1. Tom Clayton, 67.4; 2. Max Pickli, 3. Ed Reiner.  
40-44—1. Hector Cisneros, 68.8; 2. Lee Thomas, 3. Bill Williams.  
Under 30—1. John Paul Jones, 58.1; 2. John LaBette, 3. Virginia Moore.

**Long jump**  
70-over—1. Win McFadden, 17'3 1/2"; 2. F. Pennock, 3. H. Anderson, 60.49; 1. John Satti, 16'4 1/2"; 2. Stan Thompson, 3. W. Ward, 50.59; 1. Jack Brownell, 16'2 1/2"; 2. D. Brown, 3. J. Vernon, 40.49; 1. Phil Conley, 16'10 1/2"; 2. Ray Fitzhugh, 2. D. Donnelly, 30.39; 1. Martin Hee, 16'5 1/2"; 2. Jack Karbens, 3. P. Simpleton.  
Under 30—1. Herb Lloyd, 20'10 1/2"; 2. Bob Sherry, 3. Willard Gouveia.

**Javelin**  
70-over—1. H. Anderson, 62'11"; 2. W. McFadden, 60.49; 1. J. York, 62'7"; 2. A. Vesco, 3. G. Knox, 50.59; 1. D. Aldrich, 154'4"; 2. M. Pickli, 3. S. Fayington, 40.49; 1. Phil Conley, 213'9"; 2. O. Rose, 3. M. Gillis, 30.39; 1. M. Merlin, 189'1"; 2. Martin Hee, 3. Jack Karbens, Under 30—1. Mike McCrary, 149'7".

**200 meters**  
70-and-over—1. Win McFadden, 31.7; 2. Hal Chapson, 3. Bud Kane, 60.49; 1. John Satti, 28.1; 2. James Bennett, 3. Wes Ward, 50.59; 1. Tom Clayton, 26.3; 2. Jack Brownell, 3. Max Pickli, 40.49; 1. Jim Parks, 24.3; 2. Ted Vick, 3. Denise DeValence, 30.39; 1. Martin Hee, 28.2; 2. Keith Johnson, 3. Bob Taylor.  
Women—1. Mary Donnelly, 46.2; 2. Val Hanna, 3. June Johnson.

**400 meters**  
70-over—1. Hal Chapson, 2:41.9; 2. Paul Spangler, 60.49; 1. Shoto Murali, 2:39.7; 2. Fred Bleiman, 3. Diaz Maehara, 50.59; 1. Ed Halpin, 2:28.6; 2. David Pain, 3. Joe Noble, 40.49; 1. Jim Parks, 2:12.4; 2. Hector Cisneros, 3. Gabriel Heime, 30.39; 1. Bob Gardner, 2:05.9; 2. Dave Cadi, 3. Paul Edwards, Women—1. Sharon Binfill, 3:06.1; 2. Dorothy Wisnauer, 3. Burnie Hicks.

**800 meters**  
70-over—1. Hal Chapson, 69.9; 2. Paul Spangler, 3. John Latis, 60.49; 1. John Satti, 64.3; 2. Jim Bennett, 3. Ed Cowlin, 50.59; 1. Tom Clayton, 61.0; 2. Ed Halpin, 3. Max Pickli, 40.49; 1. Jim Parks, 55.3; 2. Lee Thomas, 3. Gabriel Heime, 30.39; 1. P. P. Edwards, 54.2; 2. Bob Taylor, 3. John LaBette, Women—1. Burnie Hicks, 1:37.8; 2. Val Hanna.

**16,000 meters**  
70-over—1. Tatsuzo Akiyama, 36:25  
60-64—1. D. Maehara, 45:06  
50-54—1. Ed Cantor, 43:36  
40-44—1. Joe Livesey, 35:12.4; 2. Jim Exeter, 3. Bill Frederick, 30.39; 1. Mike Tymn, 33:11.0; 2. Ed Dierdorf, 3. Tom Squires  
Under 30—1. Duncan MacDonald, 29:13 (Hawaii State record; also broke 6-mile record with 28:17.4).  
Women—1. Jan Newhart, 48:15.2; 2. Edith Leiby.

**3,000 meter steeplechase**  
60-64—1. Bob MacFarlane, 15:02.0; 2. Jim Bennett, 3. Stan Thompson, 5:22.1; Jack Noble, 11:57.6; 2. Ed Center, 3. Jim Nelson, 40.49; 1. Lee Thomas, 13:09.1; 2. Hector Cisneros, 3. Gabriel Heime, 30.39; 1. Tom Squires, 10:55.5; 2. Jim Moberly, 3. Paul Anderson.  
Under 30—1. Rick Fletcher, 12:21.8.  
Women—1. Virginia Moore, 14:34.0.

**110 meter hurdles**  
60-64—1. Stan Thompson, 21.5  
50-54—1. Tom Clayton, 20.9; 2. Max Pickli, 3. Jim Edelson, 40.49; 1. Ray Fitzhugh, 18.5; 2. Dave Donnelly, 3. Bill Frederick, 30.39; 1. Martin Hee, 17.9; 2. Keith Johnson, 3. Gil Berman, Under 30—1. John Paul Jones, 15.5.

**Trials jumps**  
70-over—1. Win McFadden, 26'6"; 2. H. Anderson, 60.49; 1. S. Murali, 30'3 1/2"; 2. Stan Thompson, 3. Jack Carson, 50.59; 1. D. Brown, 32'8"; 2. J. Vernon, 3. J. Minnh, 40.49; 1. Phil Conley, 30'1 1/2"; 2. D. Donnelly, 3. Ray Fitzhugh, 30.39; 1. Martin Hee, 30'5";  
Under 30—Herb Lloyd, 41'6".

**Hammar throw**  
70-over—1. H. Anderson, 52'1"  
60-64—1. A. Vesco, 59'4"; 2. J. York, 3. G. Knox, 50.59; 1. D. Aldrich, 155'1"; 2. J. Thatcher, 3. M. Pickli, 40.49; 1. Don Rose, 83'4"; 2. R. Perry, 30.39; 1. George Stein, 94'5"; 2. H. Matthews, 3. Jack Karbens.

**Pole vault**  
60-64—1. Stan Thompson, 8'11"; 2. Jack Carson, 3. K. Takauchi, 50.59; 1. Jim Vernon, 10'2"; 2. Dave Brown, 40.49; 1. Jerry Donley, 12'; 2. Ray Fitzhugh, 3. Don Rose, 30.39; 1. Martin Hee, 10'4"; 2. Jim Downer, Under 30—1. Sam Fourshe, 13'6".

**Discus**  
70-over—1. V. Russell, 301'1"; 2. Win McFadden, 3. F. Pennock, 60.49; 1. J. York, 113'7"; 2. A. Vesco, 3. Jack Carson, 50.59; 1. D. Aldrich, 133'10"; 2. J. Thatcher, 3. J. Minnh, 40.49; 1. Phil Conley, 105'9"; 2. Don Rose, 3. Bob Perry, 30.39; 1. Jack Karbens, 104'11"; 2. M. Matthews, 3. Martin Hee, Under 30—1. Mike McCrary, 111'11"; 2. Herb Lloyd.

**VERY LATE RESULTS: BRIAN STANSAUK ran a lifetime best 2:51 in the Los Alamitos Marathon May 2. REID PRESSLEY, going off course with dozens of others, ran a fine 3:24 for about 28 miles.**

**JACKI HANSEN was the subject of a 5-minute television segment of KNXT's Jim Hill's Sunday night sports report on April 25.**

**CLUB UNIFORMS & WARM-UP SUITS**

Club uniforms, in solid kelly green with white lettering are available for \$11. Dark solid green warm-up suits are \$22. Make checks payable to SFVTC -- denote your size -- and mail to the club office, 18321 Ventura Blvd.; Suite 900; Tarzana 91356.

**NEWSLETTER MATERIAL**

The SFVTC newsletter depends on the membership for articles, results, coming events, etc. Please submit this information by the 26th of the month to Al Sheahan, 6200 Hazeltine Ave., Van Nuys 91401.

**NEW MEMBERSHIP APPLICATION**

NAME _____	DATE _____
ADDRESS _____	PHONE _____
CITY _____ STATE _____	ZIP _____
BIRTH DATE _____	BUS. PHONE _____
INTERESTED IN: _____	EVENT: _____
TRACK _____	COMMENTS: _____
FIELD _____	_____
LONG DISTANCE _____	_____

I would like to be enrolled in the category checked below:

Yearly membership (includes monthly newsletter)

- |   |  |
|---|--|
| <input type="checkbox"/> Individual Membership ... \$10 | <input type="checkbox"/> Sustaining Membership ... \$ 50       |
| <input type="checkbox"/> Family Membership ..... \$15   | <input type="checkbox"/> Century Membership ..... \$100        |
| <input type="checkbox"/> Contributing Membership . \$25 | <input type="checkbox"/> Patron Membership ..... \$500 or more |